Jasmine Estates Week 1

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
			BREAKFAST			
Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice
Cereal of Choice	Cereal of Choice	Cereal of Choice	Cereal of Choice	Cereal of Choice	Cereal of Choice	Cereal of Choice
Scrambled Eggs	Scrambled Eggs	Biscuit	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs
Breakfast Meat of Choice	Breakfast Meat of Choice	Scrambled Eggs	Breakfast Meat of Choice	Breakfast Meat of Choice	Breakfast Meat of Choice	Breakfast Meat of Choice
Toast	Mini Danish	Breakfast Meat of Choice	Waffle	Biscuit	Blueberry Muffin	Wheat Toast
Coffee	Coffee	Coffee	Coffee	Coffee	Coffee	Coffee
			LUNCH			
Chicken & Vegetable Stir Fry	Pork Loin	Rotisserie Style Turkey	Braised Beef	Pecan Crusted Chicken	Catfish Nuggets	Breaded Chicken Breast
Parslied Rice	Mashed Potatoes	Mashed Potatoes	Parslied Mashed Potatoes	Oven Roasted Potatoes	Mashed Potatoes	Parslied Rice
Broccoli Florets	Zucchini	Asparagus	Green Beans Almondine	Green Peas	Brussels Sprouts	Mixed Vegetables
Wheat Dinner Roll	Wheat Dinner Roll	Wheat Dinner Roll	Wheat Dinner Roll	Wheat Dinner Roll	Wheat Dinner Roll	Wheat Dinner Roll
Cookie	Cookie	Chocolate Eclair Bar	Fruit Crisp	German Chocolate Cake	Fruited Gelatin	Rosy Pears
Coffee	Coffee	Coffee	Coffee	Coffee	Coffee	Coffee
			DINNER			
Tuna Salad	Grilled Two Cheese Sandwich	Baked Herb Tilapia	Sliced Baked Ham	Meatballs with Noodles	BLT Sandwich	Cream of Mushroom Soup
Brown Rice	Pasta Salad	Pasta Fagioli Soup	Seasoned Rice	Roasted Broccoli	French Fries	Chef Salad with Turkey
Wheat Dinner Roll	Texas Sliced Bread	Vegetable Medley	Capri Vegetable Blend	Wheat Dinner Roll	Greens	Southern Sweet Potatoes
lce Cream Sundae Cup	Mandarin Oranges	Blushing Bananas	Wheat Dinner Roll	Spiced Fruit Cup	Sugar Cookie	Wheat Dinner Roll
Coffee	Coffee	Coffee	Tapioca Pudding	Coffee	Coffee	S'more Pudding Parfait
			Coffee			Coffee



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY		
BREAKFAST								
Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice		
Cereal of Choice	Cereal of Choice	Cereal of Choice	Cereal of Choice	Cereal of Choice	Cereal of Choice	Cereal of Choice		
Scrambled Eggs	Breakfast Meat of Choice	Biscuit	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs		
Breakfast Meat of Choice	Scrambled Eggs	Scrambled Eggs	Breakfast Meat of Choice	Breakfast Meat of Choice	Breakfast Meat of Choice	Breakfast Meat of Choice		
Toast	Mini Danish	Breakfast Meat of Choice	Waffle	Biscuit	Blueberry Muffin	Wheat Toast		
Coffee	Coffee	Coffee	Coffee	Coffee	Coffee	Coffee		
LUNCH								
Meatloaf	Beef Stir Fry with Vegetables	Pork Loin	Sweet & Sour Chicken	Fried Catfish	Roast Beef Au Jus	Baked Tilapia		
White Rice	Seasoned Rice	Mashed Potatoes	White Rice	Breaded Okra	Mashed Potatoes	Mashed Potatoes		
California Vegetable Blend	Baked Beans	Green Beans	Stir Fry Vegetable Blend	Mixed Vegetables	Mixed Vegetables	Brussels Sprouts		
Wheat Dinner Roll	Wheat Dinner Roll	Wheat Dinner Roll	Wheat Dinner Roll	Wheat Dinner Roll	Wheat Dinner Roll	Wheat Dinner Roll		
Pumpkin Pie	Cherry Gelatin	Mandarin Oranges	Berry Cup	Apple Cobbler	Blushing Pears	Chocolate Pudding		
Coffee	Coffee	Coffee	Coffee	Coffee	Coffee	Coffee		
DINNER								
Cream of Mushroom Soup	Beef Ravioli	Tater Tot Casserole	Chef Salad with Turkey	BLT Sandwich	Spring Mix Salad & Dressing	Tomato Soup		
Tuna Salad	Parslied Cauliflower	Sliced Beets	Sweet Potato Fries	Mashed Potatoes	Meatballs with Noodles	Chicken Salad		
Wheat Dinner Roll	Texas Sliced Bread	Banana Cream Pie	Wheat Dinner Roll	Broccoli	Sweet Potato Fries	Tater Tots		
lce Cream Sundae Cup	Chocolate Pudding	Coffee	Sugar Cookie	Chocolate Eclair Bar	Orange Gelatin	Sugar Cookie		
Coffee	Coffee		Coffee	Coffee	Coffee	Coffee		



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY		
BREAKFAST								
Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice		
Cereal of Choice	Cereal of Choice	Cereal of Choice	Cereal of Choice	Cereal of Choice	Cereal of Choice	Cereal of Choice		
Breakfast Meat of Choice	Scrambled Eggs	Biscuit	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Breakfast Meat of Choice		
Scrambled Eggs	Breakfast Meat of Choice	Scrambled Eggs	Breakfast Meat of Choice	Breakfast Meat of Choice	Breakfast Meat of Choice	Scrambled Eggs		
Toast	Mini Danish	Breakfast Meat of Choice	Waffle	Biscuit	Blueberry Muffin	Wheat Toast		
Coffee	Coffee	Coffee	Coffee	Coffee	Coffee	Coffee		
LUNCH								
Beef Tips	Pork Loin	Catfish Nuggets	Roast Turkey	BBQ Beef Brisket	Maple Glazed Ham	Salisbury Steak		
Mashed Potatoes	Parslied Mashed Potatoes	Seasoned Rice	Mashed Potatoes	Baked Beans	Seasoned Rice	Seasoned Rice		
California Vegetable Blend	Mixed Vegetables	Italian Vegetable Blend	Mixed Vegetables	Sweet Potato Fries	Glazed Carrots	Broccoli		
Wheat Dinner Roll	Wheat Dinner Roll	Garlic Bread	Wheat Dinner Roll	Wheat Dinner Roll	Wheat Dinner Roll	Wheat Dinner Roll		
Mandarin Oranges	Chocolate Eclair Bar	Caramel Brownie	Fruited Gelatin	Ice Cream Sundae Cup	Chocolate Pudding	Ice Cream Sandwich		
Coffee	Coffee	Coffee	Coffee	Coffee	Coffee	Coffee		
DINNER								
Cream of Mushroom Soup	Grilled Cheese Sandwich	Breaded Chicken Breast	Tomato Soup	Spring Mix Salad & Dressing	Chef Salad with Turkey	Meatballs with Noodles		
Pasta Salad	French Fries	Mashed Potatoes	Vegetable Pasta Primavera	Beef Ravioli	Mashed Potatoes	Winter Vegetable Blend		
Sweet Potato Fries	Lettuce & Tomato	Country Gravy	Tater Tots	California Vegetable Blend	Sliced Carrots	Wheat Dinner Roll		
Wheat Dinner Roll	Fruit Parfait	Breaded Okra	Cookie	Texas Sliced Bread	Blushing Pears	Chocolate Pudding		
Cookie	Coffee	Sugar Cookie	Coffee	Chocolate Brownie	Coffee	Coffee		
Coffee		Coffee		Coffee				



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			BREAKFAST			
Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice
Cereal of Choice	Cereal of Choice	Cereal of Choice	Cereal of Choice	Cereal of Choice	Cereal of Choice	Cereal of Choice
Scrambled Eggs	Scrambled Eggs	Biscuit	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs
Breakfast Meat of Choice	Breakfast Meat of Choice	Scrambled Eggs	Breakfast Meat of Choice	Breakfast Meat of Choice	Breakfast Meat of Choice	Breakfast Meat of Choice
oast	Mini Danish	Breakfast Meat of Choice	Waffle	Biscuit	Blueberry Muffin	Wheat Toast
Coffee	Coffee	Coffee	Coffee	Coffee	Coffee	Coffee
			LUNCH			
aked Chicken	Baked Herb Tilapia	Chicken Fried Steak	Beef Stir Fry with Vegetables	Pork Loin	Meatloaf	Fajita Chicken & Cali Veggies
lashed Potatoes	Mashed Potatoes	Parslied Rice	Fried Rice	Seasoned Rice	Mashed Potatoes	White Rice
arrots	Cauliflower	Green Beans	Wheat Dinner Roll	Roasted Zucchini	California Vegetable Blend	Refried Beans
Wheat Dinner Roll	Wheat Dinner Roll	Wheat Dinner Roll	Chocolate Pudding	Wheat Dinner Roll	Wheat Dinner Roll	Rosy Pears
hocolate Cream Pie	Fruit Crisp	Rice Crunchie Treat Bar	Coffee	Cherry Gelatin	Bread Pudding	Coffee
Coffee	Coffee	Coffee		Coffee	Coffee	
			DINNER			
BLT Sandwich	Cream of Mushroom Soup	Maple Glazed Ham	Potato Wedges	Buttered Noodles	Deluxe Tuna Salad Wrap	Tater Tot Casserole
rench Fries	Beef Ravioli	Mashed Potatoes	Chef Salad	Caribbean Vegetable Blend	Tater Tots	Pickled Beet Salad
omato Soup	Tater Tots	Winter Vegetable Blend	Wheat Dinner Roll	Wheat Dinner Roll	Peaches & Yogurt	Sugar Cookie
Vheat Dinner Roll	Chocolate Pudding	Wheat Dinner Roll	Ice Cream Sundae Cup	Rice Crunchie Treat Bar	Coffee	Coffee
hocolate Chip Cookie	Coffee	Ice Cream Sandwich	Coffee	Coffee		
Coffee		Coffee				



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			BREAKFAST			
Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice	Orange Juice
Cereal of Choice	Cereal of Choice	Cereal of Choice	Cereal of Choice	Cereal of Choice	Cereal of Choice	Cereal of Choice
Breakfast Meat of Choice	Breakfast Meat of Choice	Breakfast Meat of Choice	Breakfast Meat of Choice	Breakfast Meat of Choice	Breakfast Meat of Choice	Breakfast Meat of Choice
Scrambled Eggs	Scrambled Eggs	Biscuit	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs
oast	Mini Danish	Scrambled Eggs	Waffle	Biscuit	Blueberry Muffin	Wheat Toast
Coffee	Coffee	Coffee	Coffee	Coffee	Coffee	Coffee
			LUNCH			
Beef Brisket	Apricot Glazed Pork Loin	Greek Chicken	Breaded Pollock	Crispy Potato Chicken	Pollock with Caper Sauce	Chopped Steak
Oven Browned Potatoes & Onions	Sour Cream & Chives	Orzo	Toasted Herb Rice	Garlic Mashed Cauliflower	Lemon & Herb Penne	Burgundy Gravy
Spinach Timbale	Parslied Mashed Potatoes	Green Beans Medley	Asparagus	Steamed Broccoli with Lemon	Braised Red & Green Cabbage	Rice Pilaf
Wheat Dinner Roll	Baked Parmesan Zucchini	Wheat Dinner Roll	Wheat Dinner Roll	Wheat Dinner Roll	Wheat Dinner Roll	Mixed Vegetables
Pumpkin Mousse	Wheat Dinner Roll	Sliced Peaches	Lemon Bar	Fruit Crisp	Apricot Parfait	Wheat Dinner Roll
Coffee	Blueberries with Topping	Coffee	Coffee	Coffee	Coffee	Fruit Salad
	Coffee					Coffee
			DINNER			
Filapia with Lemon Butter	Turkey Burger	Vegetable Quiche	Vegetable Soup	Ham & Pea Carbonara	Chicken Jambalaya with Rice	Deviled Pork Chop
Cheesy Rice	Tossed Sld w/Dressing, Tom & Cuc	Oven Fried Potatoes	Chicken Cobb Salad	Green Beans	Sliced Carrots	Potato Pancakes
Brussels Sprouts Medley	Fruit Parfait	Yellow Squash	Sweet Potato Fries	Wheat Dinner Roll	Wheat Dinner Roll	Sauteed Brussels Sprouts Pe
Wheat Dinner Roll	Coffee	Muffin	Sliced Pears	Chocolate Chip Cake w/ Frosting	Assorted Ice Cream	Wheat Dinner Roll
Pineapple Chunks		Praline Crunch Bar	Coffee	Coffee	Coffee	Fruit Cheesecake Bar
Coffee		Coffee				Coffee

